

STERILE PROCESSING WEEK 2022 ACTIVITY GUIDE

Sterile processing week is a celebration of the commitment and hard work of central sterile professionals! Looking for ways to celebrate with your team this year? Try some our ideas in this guide to either build or add to your existing SPD Week plans! Make sure to participate in our "Before & After Story" Story Challenge for a chance to win a prize package for your entire department.

We hope your departments have fun with these activities and enjoy looking back on your departments' history!



BEFORE & AFTER STORY CHALLENGE

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Before heading into sterile processing's future, we want to reflect on the past! There's no better way to see the progress and growth a department or individual has made than to highlight a Before & After story.

BLBST

Share your personal or unique "Before & After" Story with us on social media and receive free lanyards for your entire team! Stories can be short and simple! Pictures or videos are encouraged. Only 1 submission per facility is required to earn free lanyards for everyone in your department.

To enter:

- Follow Pure Processing on our social media: f in У
- Post your story on social media, tagging us @pureprocessing, and include the hashtags: #pureprocessing, #spdweek2022 and #blastfromthepast

Examples of great "Before & After" stories:

- Your first day working in sterile processing & where you are today
- A Before & After photo of a department makeover or improvement project
- A special project you headed up in your department, and how that helped improve your team
- A lineup of your badges from previous hospitals, years in the industry, or highlighting your promotions

Grand Prize Winner Package:

Sterile Processing

- A monthly feature in our 2023 Sterile Processing calendar
- Framed team picture for their department in our Sterile Wrap Photo frame



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- Free antifatigue mat
- Shout-out from HSPA

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GAME: PHOTO CHALLENGES

Participate in one of our two other photo challenges for a runner-up feature in our 2023 Sterile Processing Calendar

Find the oldest photo of your department and share on social media with the year the photo was taken using #blastfromthepast, #spdweek2022 and #pureprocessing.

We'll award the department who submits the oldest photo with a featured month in our 2023 Sterile Processing calendar!

Throwback theme photos

Take a photo of your teammates wearing your favorite throwback accessories or costumes. You can find free, downloadable photo props on our <u>SPD Week website</u>!

Want to be on the list to receive a free, 2023 Sterile Processing Calendar? Sign up today.



A DAILY WORD GAME

SPD WORDLE CHALLENGE

See which teammates can complete the most Wordle's successfully through the week, or who can get them fastest! All Wordles feature sterile processing themed words!

Click here for the daily puzzle: Monday | Tuesday | Wednesday | Thursday | Friday



GAME: SHARK TANK CHALLENGE

Creativity is the heart of innovation! Find a common piece of equipment or a tool in your department, and challenge teams of technicians to pitch alternative ways to use that item to a team of "investors". Blue wrap might just be the next hot textile for fashion designs... let your creative juices flow!



ACTIVITY: DEPARTMENT OF YOUR DREAMS

Your department just hit the lottery! If you could make every change you wanted to in your department, what would you do? Get your team together and create an idea board of all the things your team would do to enhance your department. From big-picture ideas to small tweaks, nothing's off the table! And even though the lottery money is imaginary, the ideas your team comes up with could lead to some **real** improvements for your department!

EARN FREE CREDITS

Pure Processing provides up 4.5 free CE credits through HSPA on our Continuing Educations page. Rack up those remaining CE's at no cost and from the comfort of your own home.





ACTIVITY: RELIEVE THE STRESS

Embrace mindfulness and personal health

Practicing mindfulness is an overlooked skill for sterile processing employees: letting the pace of the OR set the pace for your team can quickly erode the quality and confidence for overworked team members. Try implementing a mindfulness huddle before a work shift starts; it can refocus your team on the most important tasks at hand (and reduce unnecessary daily noise). For something more out of the box, try quick team yoga sessions when the heavy trays and deep sinks take their toll; some follow-along sessions are less than 10 minutes long, and free on YouTube.

Here's one we'd recommend:

FREE MERCH

Download free posters or buy sterile processing gear from the HSPA website.

All posters are free to download

Thank you for all you do as sterile processing professionals! We are grateful and humbled for the opportunity to serve you as a partner for your equipment needs. We hope to continue to support you & your patients for many years to come.





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